

Advancements in medicine and insight into wellness create new opportunities for women to attain their optimal health and beauty at every age. The Gulf Coast is home to some of the nation's best-in-class doctors, wellness practitioners and beauty treatments that are on the cutting-edge of new technologies. Hear from leading local experts on the best way for women to stay healthy and thrive.

ABRAMS DERMATOLOGY

Delivering quality and innovative medical dermatology and cosmetic treatments.



Dr. Abrams is one of the few physician in Florida to offer the Y LIFT treatment featured on Dr. Oz Show that shears 10 years off your face instantaneously without incision or downtime. Bradley Abrams, is a Fellow of the American Academy of Dermatology, Fellow of American Osteopathic College of Dermatology, and American Society of Mohs Surgery.

During his 20 years' experience as a Surgeon, Dermatologist, and a Master Injector, Dr. Abrams built his recognition by training with leaders such as -Dr. Rebecca Fitzgerald, Dr. Danny Vleggaar, Shino Bay, and Dr. Yan Trokel, founder and creator of the Y LIFT treatment. He continues to lead by offering his patients the latest treatments. "We are excited to provide our patients with the latest innovations in facial rejuvenation that works and last" states

Dr. Abrams. He is one of the first Dermatologist in Florida to be trained in the 30-minute Miracle Facelift. a treatment without incisions, downtime and provides instant results. Starting May 23rd, with an Open House event from 4pm-7pm, a presentation of the treatment, free consultations, and special introductory pricing will be offered at Abrams Dermatology. Call the office to RSVP.

Dr. Abrams and his team are also excited to introduce the Hydrafacial now offered at the practice. "My patients are asking for treatments that are affordable, long lasting, and provide great results. We are grateful to be able to respond to their demands by investing in our training, knowledge, and equipment, and providing the most current and innovative technique" says Abrams.

Abrams Dermatology

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HOLCOMB-KREITHEN PLASTIC SURGERY

Trust your Face and Body to the Plastic Surgery and Dermatology Specialists!



New to both Sarasota and Holcomb-Kreithen Plastic Surgery and Dermatology, Dr. Shauntell Solomon is excited to dive right in and help patients feel refreshed and rejuvenated. A new product they just started to use is a skincare line named DefenAge. As Dr. Solomon explains, this topical skincare line has highly specific peptides that target and activate stem cells in your hair follicles that are dormant, waking them up and resulting in beautiful, fresh skin. "Every year, we are trying to evolve with dermatology. DefenAge is the newest, latest and greatest that is out there." Along with staying up on the current trends of products and skincare, Dr. Solomon is also skilled to go beyond the surface; trained and certified to provide skin cancer screenings to clients. This makes Holcomb-Kreithen Plastic Surgery and Dermatology a one-stop shop for all your needs including but not limited to plastic surgery for the entire body, cosmetic laser surgery, dermatology and now cancer screenings. "We really take care of the patient as a whole." Dr. Solomon recalls a time that she had a patient tear their pants on a chair at her practice, and a spot on their leg was exposed. With her experience, she was able to assure them that it wasn't just a small spot the patient insisted it was. After a biopsy, it was concluded to be melanoma. With experience like this, Holcomb-Kreithen Plastic Surgery and Dermatology only strengthens their portfolio and ensures all patients can be taken care of wholly under one roof.

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ONE-ON-ONE

Put Your Body in Good Hands

Dr. Lisa Johnson has found her passion in a unique physical therapy practice for over 20 years. She is a dual Certified Specialist in Orthopedics and in Women Health Physical Therapy, a distinction held by only a few hundred Therapists nationwide. Dr. Johnson's practice includes one-to-one manual therapy treatments including myofascial and trigger point release, joint manipulation, and Pilates-based exercise training to promote optimal function and strength for complex conditions. In addition to orthopedic and sports injuries, her specialty includes pelvic floor dysfunction which encompasses problems of the pelvic region, digestive, urological, colorectal, and reproductive systems of both males and females alike.

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